**Elise Valdés, PhD**

7114 S. Mascotte St

Tampa, FL 33616

Egvaldes88@gmail.com

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| **Education** | **UNIVERSITY OF SOUTH FLORIDA, Tampa, FL**  *Doctorate of Philosophy* August, 2016  School of Aging Studies   * Dissertation: *The Effects of Cognitive Training among Individuals with Neurodegenerative Disease*   *Masters of Science* – GPA: 4.0/4.0  Medical Sciences, Concentration in Aging and Neuroscience August, 2013  Certificate in Aging and Neuroscience August, 2012  **SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE, Edwardsville, IL**  Dual-Degree – Cumulative GPA 3.97/4.0 summa cum laude May, 2010  *Bachelor of Arts, Psychology* Major GPA: 4.0/4.0  Minor: Business Administration   * Honor’s Thesis: *Differences in the processing capacities of anxious and non-anxious college students*   *Bachelor of Arts, Anthropology*, Major GPA: 4.0/4.0   * Senior Project: *A bioarchaeological analysis of human remains from the Aronin burial site.* |
| **Grants Awarded** | NIH/NIA (R36) Auditory-Cognitive Training in Older Adults with and without Mild Cognitive Impairment. Principal Investigator, September 2015–August 2016. |
| **Research Experience** | **RELIAS LLC**  *Director of Research*, August 2016 – April 2024   * Conducted multiple, differing research studies including survey research, intervention research, secondary data analysis, and primary data collection * Supervised study design, implementation and dissemination of results ensuring research integrity * Collaborated with internal and external stakeholders ensuring feasibility of design and utility of results * Coordinated diverse teams across multiple departments and engaged with subject matter experts to facilitate research * Published academic manuscripts and presented at national conferences disseminating results   **COGNITIVE AGING RESEARCH LAB (directed by Dr. Jerri Edwards)**  *Study Coordinator, Research Assistant,* August 2010 – August 2016   * Conducted interviews and cognitive assessments with healthy older adults and those with mild cognitive impairment * Modified database design, forms, and reports in Microsoft Access * Ensured data quality control * Administered cognitive intervention to healthy older adult participants and those with Parkinson’s disease and mild cognitive impairment * Assisted in grant writing * Worked on NIH-funded clinical trial * Conducted lab meetings and supervised undergraduate research assistants   **COGSTATE RESEARCH STUDY, (directed by Drs. Ross Andel and Aryn Harrison)**  *Study Coordinator,* July 2013 – August 2016   * Coordinated and conducted participant recruitment * Created scripts and recruitment protocols * Created study coordination materials * Conducted interviews and cognitive assessments with healthy older adults * Monitored data entry and data quality control system * Trained and supervised undergraduate research assistants   **DEPARTMENT OF EPIDEMIOLOGY AND BIOSTATISTICS KAROLINKSA INSTITUTET**  *Visiting Researcher,* May 2012   * Analyzed data using Swedish Twin Registry (STR) * Collaborated with leaders in the field of epidemiology   **ROBERT MCLAUGHLIN HONORS ACADEMY**  *Honor’s Student,* January 2009 – May 2010  Psychology Department, Southern Illinois University at Edwardsville   * + Developed an independent research project with a faculty mentor examining anxiety and attentional control   + Collected and analyzed data   + Proposed and defended thesis   **UNDERGRADUTE RESEARCH AND CREATIVE ACTIVITIES**  *Research Associate*, May 2009 – May 2010  Anthropology Department, Southern Illinois University at Edwardsville   * + Developed and carried out an independent research project on historic human remains at the Illinois State Museum   + Created a proposal, collected data, conducted analyses   + Prepared a poster presentation based on results   **DR. ROSNICK’S RESEARCH LAB (Directed by Dr. Christopher Rosnick)**  *Research Assistant*, June 2008 – December 2009   * Conducted literature review related to cognition, locus of control, and intrusive thinking * Conducted interviews with older adult participants * Entered, checked, and analyzed data in SPSS * Presented results at a conference * Assisted with manuscript preparation |
| **Publications** | **Valdes, E. G.,** Reist, C., Aamar, R., Hallisey, B., Stanton, E. S., Williams, L., Andel, R., Gorman, J. (2023). Use of predictive analytics to identify unhealthy opioid use and guide intervention. *Psychiatric Services,* Doi: 10.1176/appi.ps.202200034  **Valdes, E. G.,** Sparkman, L., Aamar, R., Steiner, L., Gorman, J. M., Ittel, V., Bethea, J. J., Reist, C. (2022). Improving maternal mental health: Assessing the extent of screening and training about peripartum depression. *The Journal of Maternal-Fetal & Neonatal Medicine,* Doi: 10.1080/14767058.2022.2155042*.*  **Valdes, E. G.,** Gorman, J. M., Ren, Y., Bowling, M., Steiner, L., Bethea, J., Aamar, R., Andel, R., Reist, C. (2022). Behavioral health diagnoses and health care use before and during the COVID-19 pandemic. *Psychiatric Services*, 73(7), 801–804. Doi: 10.1176/appi.ps.202100133.  **Valdes, E. G.,** Sembar,M. C., Sadler, F. (2021). Onboarding the new graduate nurse using assessment-driven personalized learning to improve knowledge, critical thinking, and nurse satisfaction. *Journal for Nurses in Professional Development,* Doi: 10.1097/NND.0000000000000805*.*  **Valdes, E. G.**, Douglas, L., Oliveira, J., Sadler, F. (2021). Determining the impact of best fit for newly licensed nurses. *Journal for Nurses in Professional Development*, Doi: 10.1097/NND.0000000000000763.  Reist, C., **Valdes, E. G.**, Ren, Y., Wright, A., Rubio, J. M. (2020). Using claims data to assess treatment quality of first episode psychosis. *Psychiatric Services*. Doi: 10.1176/appi.ps.201900595.  **Valdes, E. G.** (2020). Examining cesarean delivery rates by race: A population-based analysis using the Robson Ten Group Classification System. *Journal of Racial and Ethnic Health Disparities,* Doi: 10.1007/s40615-020-00842-3.  McCulloch, E. B., Cuckler, A., **Valdes, E. G.**, Hughes MC. (2020). Effectiveness of online training and supervisor feedback on safe eating and drinking practices for individuals with developmental disabilities. *Intellectual and Developmental Disabilities*, 58(2), 111-125. Doi: 10.1352/1934-9556-58.2.111.  Hughes, M. C., Baker, T. A., Hansol, K., **Valdes, E. G**. (2019). Health behaviors and related disparities of insured adults with a health care provider in the United States, 2015-2016. *Preventive Medicine, 120,* 42-49. Doi: 10.1016/j.ypmed.2019.01.004.  Hughes, M. C., McCulloch, E. B., **Valdes, E. G**. (2018). Self-monitoring checklists: A tool for connecting training to practice. *Innovations in Global Health Professions Education*, *4*. Doi: 10.20421/ighpe2018.04.  Hughes, M. C., McCulloch, E. B., **Valdes, E. G.** (2018). The impact of story-based video back injury prevention training on employee motivation, engagement, knowledge, and behavior. *Occupational Health Science*, *2,* 203-214. Doi: 10.1007/s4154.  Sieurin, J., Andel, A., Tillander, A., **Valdes, E. G.,** Pedersen, N. L., Wirdefeldt, K. (2018). Occupational stress and risk for Parkinson’s Disease: A nation-wide cohort study. *Movement Disorders, 33*(9), 1456-1464. Doi: 10.1002/mds.27439*.*  Sadeq, N. A., **Valdés, E. G.,** Harrison Bush, A. L., Andel, R. (2018). The role of personality in a regular cognitive monitoring program. *Alzheimer’s Disease and Associated Disorders*, Online ahead of print. Doi: 10.1097/WAD.0000000000000236.  Edwards, J. D., Fausto, B. A., Tetlow, A. M., Corona, R. A., **Valdés, E. G.** (2018). Systematic review and meta-analyses of useful field of view cognitive training. *Neuroscience and Biobehavioral Reviews*, *84*, 72-91. Doi: 10.1016/j.neubiorev.2017.11.004.  **Valdes, E. G.,** McCulloch E. B., Hughes M. C. (2017). Social validity of simulation training among nurses. White paper. Relias, Cary, NC, <https://www.relias.com/relias-institute/articles/all/impact-of-a-simulation-on-heart-failure-readmissions>  **Valdés, E. G.,** Andel, R., Lister, J. J., Gamaldo, A., Edwards, J. D. (2017). Can cognitive speed of processing training improve everyday functioning among older adults with psychometrically defined mild cognitive impairment? *Journal of Aging and Health, 31*(4), 595–610. Doi: 10.1177/0898264317738828.  **Valdés, E. G.,** O’Connor, M. L., Uc, E. Y., Hauser, R. A., Andel, R., Edwards, J. D. Use, maintenance and dose effects of cognitive speed of processing training in Parkinson's disease. (2016). *International Journal of Neuroscience,* In Press. doi:  10.1080/00207454.2016.1269088.  **Valdés, E. G.,** Sadeq, N. A., Harrison Bush, A. L., Morgan, D., Andel, R. (2016). Regular Cognitive Self-Monitoring in Community-Dwelling Older Adults Using an Internet-Based Tool. *Journal of Clinical and Experimental Neuropsychology, 38*(9), 1026-1037. doi: 10.1080/13803395.2016.1186155*.*  Alwerdt, J. A., **Valdés, E. G.,** Chanti-Ketterl, M., Small, B., Edwards, J. D. (2016). The relationship between urinary phytoestrogens and speed of processing. *Menopause, 23*(8), 911-918. doi: 10.1097/GME.0000000000000632.  Athilingham, P., Edwards, J. D., **Valdés, E.G**, Ming, J., Guglin, M. (2015). Computerized auditory cognitive training to improve cognition and functional outcomes in patients with heart failure: Results of a pilot study. *Heart & Lung: The Journal of Acute and Critical Care,* 44(2), 120-128.  **Valdés, E. G**., Andel, R, Sieurin, J., Feldman, A. L., Edwards, J. D., Langstrom, N., Gatz, M., & Wirdefeldt, K. (2014). Occupational complexity and risk of Parkinson’s disease. *PLOS ONE ,*9(9), e106676*.*  O’Connor, M. L., Edwards, J. D., Waters, M.P., Hudak, E. M., **Valdés, E. G.** (2013). Mediators of the association between driving cessation and mortality among older adults. *Journal of Aging and Health*, 25(8), 249S-269S.  Alwerdt, J., Edwards, J. D., Athilingham, P., O’Connor, M. L., **Valdés, E. G.** (2013). Longitudinal differences in cognitive functioning among older adults with and without heart failure. *Journal of Aging and Health*, 25(8), 1358-1377.  Edwards, J. D., **Valdes, E. G.,** Peronto, C. L., Castora-Binkley, M., Alwerdt, J., Andel, R., Lister, J. J. (2013). The efficacy of Insight cognitive training to improve Useful Field of View performance: A brief report. *Journal of Gerontology: Psychological Sciences, 70*(3), 417-4122. doi: 10.1093/geronb/gbt113.  **Valdes, E. G.,** Garbuzova-Davis, S. (2013). Brain and Spinal Cord Trauma as a Risk Factor for Amyotrophic Lateral Sclerosis: A Review. *Open Journal of Neuroscience*, 3(4), e1-e7.  Edwards, J. D., Hauser, R. A.., O’Connor, M. L., **Valdés, E. G**., Zesiewicz, T. T., Uc, E. Y. (2013). A randomized trial of cognitive speed of processing training in Parkinson’s disease. *Neurology*, 81, 1-7.  **Valdés, E. G.,** O’Connor, M. L., Edwards, J. D. (2012). The effects of cognitive speed of processing training among older adults with psychometrically-defined mild cognitive impairment*.* *Current Alzheimer Research.* 9(9), 999-1009. |
| **Presentations** | **2024**   * Clontz, M., Henderson, S., **Valdes, E.** (2024). More than a needs assessment: Developing Organizational DSP Surveys. Presented at the annual *ANCOR Connect* meeting, Santa Fe, NM.   **2023**   * **Valdes, E.** (2023). Perspectives of the home health workforce on training. Presented at the annual meeting of the *Gerontological Society of America*, Tampa, FL. * Goodman, M., **Valdes, E. G.** (2023) Emerging trends in home-based care in 2024. Presented at the *annual Impact Nation* meeting, online.   **2022**   * Almon-Matangos, S., **Valdes, E. G.,** Shubert, T. E. (2022). Reframe your thinking about clinical training: Effectiveness of brief skills refresher training in post acute care. Presented at the annual meeting of the *American Speech-Language-Hearing Association,* New Orleans, LA. * Douglas, L,. Collins, J., Sadler, F. **Valdes, E. G.** (2022). Key strategies in onboarding the newly licensed nurse: Improving Retention and Reducing Time to Independent Practice. Presented at the annual conference for the *Association for Nursing Professional Development*, San Antonio, TX. * McQuillan, S., Sadler, F., **Valdes, E. G.** (2022). Personalized Learning. Presented at the podcast of the annual meeting of *Association for Nursing Professional Development*, online.   **2021**   * **Valdes, E. G.,** Gorman, Jack. (2021). Using claims data to compare behavioral health diagnoses and healthcare usage before and during the Covid-19 pandemic. Presented at the Presented at the *annual Impact Nation* meeting, online. * **Valdes, E. G.,** Sadler, F., Douglas, L. (2021). Determining the impact of best fit newly licensed nurses. Presented at the *annual Impact Nation* meeting, online. * **Valdes, E. G.,** Sadler, F. McQuillan, S., Nagle, J. (2021). Onboarding the new graduate nurse using assessment-driven personalized learning to improve knowledge, critical thinking, and nurse satisfaction. Presented at the *annual Impact Nation* meeting, online.   **2020**   * Aamar, R., **Valdés, E. G.,** Stanton, E. S., Hallisey, B. (2020). Opioids: Predictive analytics target who and how to help. Presented at the *annual Impact Nation* meeting, online.   **2018**   * Fausto, B. A., Tetlow, A. M., Corona, R. T., **Valdés, E. G.,** Edwards, J. D. (2018). Useful field of view cognitive training improves older adults’ everyday function. Presented at the annual meeting of the *Gerontological Society of America*, Boston, MA. * Reist, C., **Valdés, E. G.,** Wright, A., Parks, J. (2018). A population health approach using “big data” to assess treatment of first episode psychosis. Presented at the annual research meeting of *Academy Health*, Seattle, WA. * Hughes, M. C., Baker, T. A., **Valdés, E. G.,** McCulloch, E. (2018). Health behaviors and related disparities of insured adults with a health care provider in the United States, 2015-2016. Presented at the annual research meeting of *Academy Health*, Seattle, WA. * Sadeq, N. A., **Valdés, E. G.,** Harrison Bush, A. L., Andel, R. (2018). The role of personality in a regular cognitive monitoring program. Presented at the biannual *Cognitive Aging Conference,* Atlanta, GA.   **2016**   * **Valdés, E. G.,** O’Connor, M.L., Uc, E. Y., Hauser, R. A., Andel, R., Edwards, J. D. (2016). The longitudinal effects of cognitive speed of processing training in Parkinson’s disease. Presented at the biannual *Cognitive Aging Conference,* Atlanta, GA. * Sadeq, N. A., **Valdés, E.V**., Sardina, A., Harrison Bush, A. L., Andel, R. (2016). Personality: Preliminary age norms for older adults age 65 and older. Presented at the biannual *Cognitive Aging Conference,* Atlanta, GA.   **2015**   * **Valdés, E. G.,** Edwards, J. D., Andel, R., O’Connor, M. L., Hauser, R. A., Uc, E. C. (2015). The Longitudinal Effects of Cognitive Speed of Processing Training in Parkinson’s Disease. Presented at the 2nd Neurodegeneration Conference, Cancun, Mexico. * **Valdes, E. G.,** Edwards, J. D. (2015). The Efficacy of Cognitive Speed of Processing Training in Mild Cognitive Impairment. Presented at the annual meeting of the *Gerontological Society of America*, Orlando, FL. * **Valdes, E. G.**, Sadeq, N. A., Harrison Bush, A. L., Morgan, D., Patel, R., Crowley, E. M., Andel, R. (2015). Home-Based Monthly Memory Monitoring: Moving Towards Regular Cognitive Self-Assessment. Presented at the *Alzheimer's Association International Conference, Washington, DC* and at the annual meeting of the *Gerontological Society of America*, Orlando, FL. * Sadeq, N. A., **Valdes, E. G.,** Harrison Bush, A. L., Andel, R. (2015). Personality and Cognitive Performance on the Cogstate Brief Battery. Presented at the annual meeting of the *Gerontological Society of America*, Orlando, FL. * Crowley, E. M., Andel, R.., **Valdes, E. G.** (2015). CogState Brief Battery. Presented at the *USF Undergraduate Research and Arts Colloquium, Tampa, FL.*   **2014**   * Edwards, J. D., **Valdés, E. G.,** O’Connor, M. L. (2014). Impact of cognitive training in Parkinson’s disease. Presented at the *International Congress on* *Non-motor Dysfunctions in Parkinson’s disease and Related Disorders*, Nice, France. * **Valdés, E. G.** & Edwards, J. D. (2014). Cognitive training in older adults: Impact on driving abilities. Presented at the *International Conference on Applied Psychology*, Paris, France. * **Valdés, E. G.,** Brandino, A. B., Matthews, C. R., Lister, J. J., Andel, R. Harrison, A. L., Edwards, J. D. (2014). Central auditory processing in older adults with and without mild cognitive impairment. Presented at the biannual *Cognitive Aging Conference,* Atlanta, GA; Also presented the *USF Graduate Student and Postdoctoral Research Symposium*, and the *USF Student Association for Research and Teaching in Communication Sciences and Disorders Interdisciplinary Research Symposium*. * Valdés, O. M., Maharaj, S., Andel, R., **Valdés, E. G.,** Edwards, J. D., Lister, J. J. (2014). Cognitive and hearing self-perceptions of older adults with and without mild cognitive impairment. Presented at the biannual *Cognitive Aging Conference,* Atlanta, GA.   **2013**   * **Valdés, E. G**., Hudak, E. M., Haley, C. B., Peronto, C. L. Uc, E., Zesiewicz, T. A., Hauser, R. A., Edwards, J. D. (2013). Cognitive speed of processing training in Parkinson’s Disease. Presented at the *International Conference on Alzheimer’s and Parkinson’s Diseases*, Florence, Italy.   **2012**   * **Valdés, E. G**., Andel, R., Edwards, J. D., Feldman, A., Wirdefeldt, K. (2012). Work complexity, and risk of Parkinson’s disease. Presented at the annual meeting of the *Gerontological Society of America*, San Diego, CA. * Alwerdt, J., Athilingham, P., O’Connor. M. L., **Valdés, E. G.**, Edwrads, J. D. (2012). Heart failure and cognitive functioning in older adults. Presented at the annual meeting of the *Gerontological Society of America*, San Diego, CA. * **Valdés, E. G.**, O’Connor, M. L., Edwards, J. D. (2012). The effects of cognitive speed of processing training among older adults with mild cognitive impairment. Presented at the biannual *Cognitive Aging Conference,* Atlanta, GA. * Haley, C. B., Hudak, E. M., Peronto, C. L., **Valdés, E. G.**, McNee, C., Patel, D., Saleh, S., Edwards, J. D. (2012). Predicting cognitive training behavior among persons with Parkinson’s disease. Presented at the biannual *Cognitive Aging Conference*, Atlanta, GA.   **2011**   * **Valdés, E. G.,** Hudak, E. M., Peronto, O’Brien, J. L., Alwerdt, J., Edwards, J. D. (2011). Cognitive stimulation as a mechanism for cognitive training. Presented at the annual meeting of the *Gerontological Society of America*, Boston, MA. * Hudak, E. M., **Valdés, E. G.,** Peronto, C. L., O’Brien, J. L., Alwerdt, J., Edwards, J. D. (2011). Comparing the effectiveness of cognitive stimulation and adaptive training techniques among older adults. Presented at *Entertainment Software and Cognitive Therpeutics Society*, San Fransisco, CA. * O’Brien, J. J., Lister, J. J., Edwards, J. D., Maxfield, N. D., Williams, V. A., Peronto, C. L., Gagnon, E. M., **Valdés, E. G**., McNee, C. (2011). Improving speed of processing and attentional allocation in older adults via cognitive training. Presented at *Entertainment Software and Cognitive Therpeutics Society*, San Fransisco, CA. * O'Connor, M. L., Perkins, M, Hudak, E. M., **Valdes, E. G**., & Edwards, J. D. (2011). Mediators of the association between driving cessation and mortality among older adults. Presented at the *First Conference on Promoting Mobility Among Older Adults*, Richmond, VA.   **2010**   * **Valdés, E.,** Salomon, R., Hao, S., & Halasz, S. (2010) Testing Color as a Visual Stimulus for Classical Conditioning in *Procambarus clarkii*. *Behavioral Research Advancements in Neuroscience (BRAIN) Research Symposium*, Atlanta, GA. * **Valdés, E.** (2010) Differences in the processing capacities of anxious and non-anxious college students. Presented at the annual meeting of the *Midwestern Psychological Association*, Chicago, IL. * **Valdés, E.** (2010) A bioarchaeological analysis of human remains from the Aronin burial site*.* Presented at the *Undergraduate Research and Creative Activities Academy Symposium*, Edwardsville, IL. Also presented at the *SIUE Graduate School Symposium*, *the SIUE Anthropology Senior Research Symposium*, and the *SIUE Senior Assignment Showcase.*   **2009**   * **Valdés, E.** (2009) Get Psyched for Psychology. Presented at Introduction to University Life (UNV 111) (program to introduce the Psychology major to first-year students). * **Valdés, E.** & Alwerdt, J. (2009) Intrusive thinking as a potential moderating factor between control and cognition*.* Presented at the annual meeting of the *Midwestern Psychological Association*, Chicago, IL. Poster also presented at *SIUE’s Psi Chi Paper Presentation*. |
| **Teaching Experience** | **Psychology of Aging** (GEY4612) University of South Florida  *Adjunct Professor,* Summer 2021  *Instructor*, Fall 2014  *Teaching Assistant,* Spring 2014  *Teaching Assistant,* Fall 2013  *Teaching Assistant,* Spring 2013  *Guest Lecturer*, “Alzheimer’s Disease.” Fall 2012  **The Life Cycle** (DEP2004), University of South Florida  *Instructor,* Summer 2014  **Physical Changes in Aging** (GEY3601), University of South Florida  *Instructor,* Summer 2013  *Guest Lecturer*, “Parkinson’s Disease and other Neurological Disorders.” Fall 2012  *Instructor,* Summer 2012  *Instructor,* Spring 2012  *Instructor,* Fall 2011  **Graduate Seminar in Cognition** (GEY7651), University of South Florida  *Teaching Assistant,* Fall 2013  **Sociological Aspects of Aging** (GEY3625), University of South Florida  *Teaching Assistant,* Fall 2012  **Graduate Statistical Methods for Aging Research** (GEY 6402), University of South Florida  *Guest Lecturer,* “Describing and Exploring Data.” Fall 2011    **Sociology of Aging** (SOC 302), University of Tampa  *Teaching Assistant*, Fall 2010 |
| **Teaching Training** | **Certified Online Educator: Summer 2014**  Completion of TO 101: How to Teach Online, University of South Florida  **Teaching Workshops: Summer 2013**  *Interactive Teaching Techniques*  *CANVAS Best Practices*  *Effective Lecturing* |
| **Internships** | **CENTER FOR BEHAVIORAL NEUROSCIENCE**  *Intern,* May 2010 – August 2010   * Developed an independent group research project on color as a stimulus for classical conditioning in crayfish * Wrote a mock grant proposal * Presented findings and the grant proposal   **SENIOR SERVICES PLUS**  *Intern*, January 2010- May 2010   * Wrote articles for the organization’s newsletter on issues of interest to seniors * Created evaluations and surveys for events; analyzed and presented data * Helped advertise and generate interest in programs offered by SSP |
| **Service** | **Community SOGarden**  Board Member – 2024 to present  Lead Beekeeper - 2024 to present  **Reviewer for the Wild On Wounds Conference** (2023)  **Reviewer for the Gerontological Society of America Annual Conference** (2022, 2023)  **Reviewer for the Scientific Reports** (2021)  **Reviewer for PLOS ONE** (2021)  **Reviewer for BMC Psychology** (2020)  **Reviewer for the Journal of Geriatric Medicine and Gerontology** (2019)  **Reviewer for Revista Latinoamericana de Psicologia** (2019)  **Reviewer for Medical Education and Training** (2018)  **Reviewer for the Journal of Comparative Effectiveness Research** (2014, 2015)  **Reviewer for the Journal of Aging and Health** (2015, 2019)  **Undergraduate Research and Creative Activities Symposium**  Facilitator, 2014, 2015   * Facilitated discussions with undergraduates about their research * Provided feedback on presentation skills * Nominated undergraduates with exception presentation skills   **Memory Screening Day at the USF Health Byrd Alzheimer’s Institute** (2013)   * Conducted memory screenings for individuals using the Montreal Cognitive Assessment (MoCA)   **Student Association for Aging Studies** (Co-Social Chair 2011-12)   * Coordinated information release via social media outlets * Planned and coordinated activities to promote social support   **Psychology Club 2007-10** (Academic Chair 2008-10)   * Planned activities such as Peer Mentoring * Coordinated speakers for Chestnut Mental Health System’s presentation   **Anthropology Club 2007-10** (Vice President 2008-09, President 2009-10)   * Prepared agendas and led club meetings * Organized activities such as Artifact Washing, Professional Rantings, and Ethnic Dinner Nights * Created Chair positions to foster new member involvement   **Cahokia Mounds, Volunteer** **2009 -10**   * Washed artifacts from the Mound 34 excavation   **Cognitive Lab Summit 2008-10**   * Listened to presentations about other cognitive labs’ research * Discussed current research with other faculty and students * Presented information about my current research |
| **Honors & Awards** | **The University of South Florida**   * USF School of Aging Studies, Sue V. Saxon Outstanding Teaching Award, 2021 * USF College of Behavioral and Community Sciences, Outstanding Graduate Student Research Award, 2016 * H. Edward and Mildred E. Greely Endowed Fellowship in Aging Studies, 2012-2013, 2013-2014 * Genshaft-Greenbaum Scholarship, 2012 * Aging Studies Fellowship, 2010 - 2011 * Graduate School Scholarship, 2010 – 2011 * Phi Kappa Phi - Honor Society   **Southern Illinois University Edwardsville**   * Chancellor’s Scholar – A full scholarship offered to approximately 20 freshman undergraduate students * Dean’s List 2006-2010 * Member of Psi Chi – Psychology Honors * Member of Lamba Alpha – Anthropology Honors * SIUE Senior Standout, 2010 (1 of 15 selected from all the graduating seniors) * Robert J. McLaughlin Psychology Honors Academy Award, 2010 * Outstanding Anthropology Senior Assignment, 2010 * Robin Brown Life Memorial Experience Award, 2010 * Howard V. Davis Award in Gerontology, 2009 * Rekas Memorial Scholarship for Outstanding Anthropology Students, 2009 * Psychology Dept. Student Ambassador to Professorial Candidates, 2009 * Golden Key International Honor Society * Phi Kappa Phi – Honor Society * Phi Eta Sigma – Freshman Honor Society * Chancellor’s Literary Society, 2006-2007 |
| **Other Professional Experience** | * **Dancin’ Motion School of the Arts**, Tampa, FL   *Assistant Salsa Instructor*, May 2013 – May 2017  *Bachata Instructor*, 2016-2018   * **The Howsare Family**, Troy, IL   *ABA Therapist in Training*, November 2007 – March 2007   * **Maple Ridge Nursing Home**, Lincoln, IL   *Dietary Aide*, June 2004 – August 2006 |
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Date: 5/9/24